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ANXIETY AND SELF-DEFENSE MECHANISM OF THE CHARACTERS IN *MALEFICENT* MOVIE

Rinda Dwi Andini

Department of English Literature, Universitas Bangka Belitung, Indonesia

*rinda9485@gmail.com

Diana Anggraeni

Department of English Literature, Universitas Bangka Belitung, Indonesia

*dianaanggraeniubb@gmail.com

Nurvita Wijayanti

Department of English Literature, Universitas Bangka Belitung, Indonesia

*wijayavita88@gmail.com

Abstract :

Literature is an art that uses imagination even based on experiences, thoughts, and feelings and uses beautiful language style. This study analyzes anxiety and self-defense mechanisms in two characters in the Maleficent movie, Maleficent and Stefan. This study aims to describe the types of anxiety experienced by the characters and also to explain the self-defense mechanisms used by the characters in dealing with anxiety. This study uses psychoanalysis theory by Sigmund Freud and qualitative descriptive methods to analyze the anxiety and self-defense mechanisms experienced by the characters. The results of the analysis of this study found that Maleficent has one type of anxiety that is realistic anxiety and uses three types of self-defense mechanisms that are displacement, sublimation, and reaction formation. On the other hand, Stefan has two types of anxiety that is realistic anxiety and neurotic anxiety and uses two types of self-defense mechanisms that is displacement and projection. Anxiety and self-defense mechanisms that occur in Maleficent are due to pressure and danger carried out by King Stefan, while anxiety

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and self-defense mechanisms that occur in King Stefan are due to resistance or attacks and threats of danger by Maleficent.

Keywords : *Anxiety, Self Defense Mechanism, Sigmund Freud, Maleficent Movie*

Abstrak :

Sastra adalah seni yang menggunakan imajinasi berdasarkan pengalama, pikiran, dan perasaan serta menggunakan gaya bahasa yang indah. Penelitian ini menganalisis tentang kecemasan dan mekanisme pertahanan diri pada dua karakter di dalam film Maleficent yaitu Maleficent dan Stefan. Penelitian ini bertujuan untuk mendeskripsikan tipe dari kecemasan yang dialami karakter dan juga untuk menjelaskan mekanisme pertahanan diri yang digunakan oleh karakter dalam menangani kecemasan. Penelitian ini menggunakan teori psikoanalisis oleh Sigmund Freud dan metode deskriptif kualitatif untuk menganalisis kecemasan dan mekanisme pertahanan diri yang dialami oleh karakter. Hasil dari analisis penelitian ini mendapatkan bahwa Maleficent memiliki satu tipe kecemasan yaitu kecemasan realita dan menggunakan tiga jenis mekanisme pertahanan diri yaitu pemindahan, sublimasi, dan pembentukan reaksi. Di sisi lain, Stefan memiliki dua tipe kecemasan yaitu kecemasan realistik dan kecemasan neurotik dan menggunakan dua jenis mekanisme pertahanan diri yaitu pemindahan dan proyeksi. Kecemasan dan mekanisme pertahanan diri yang terjadi pada Maleficent karena adanya tekanan dan bahaya yang dilakukan oleh Raja Stefan, sedangkan kecemasan dan mekanisme pertahanan diri yang terjadi pada Raja Stefan karena adanya perlawanan atau serangan dan ancaman bahaya yang dilakukan oleh Maleficent.

Kata Kunci : *Kecemasan, Mekanisme Pertahanan Diri, Sigmund Freud, Film Maleficent*

A.INTRODUCTION

Literature is a human expression that is expressed in oral or written ways. A

creative activity and a work of art also includes in literature.¹ It means literature is an art that uses imagination even based

¹ Wellek, Rene. & Warren, Austin. *Teori Kesusastraan*. (Jakarta: Gramedia, 2016), p.3

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on experiences, thoughts, and feelings and uses beautiful language

style. According to Sigmund Freud, the psychoanalysis theory is a theory associated with the human unconscious, which has an important or main role in a person.² This theory relates to the topic of this study because it examines a person's personality or character.

A movie is a part of literary work made by humans or creators of literary works, it also defines as an art in the form of a series of images of human life or represents reality of certain social life created by literary creators who produce the illusion of images presented in the form of entertainment. The movie is categorized in the performing arts because both use characters as the main tools of expression. A movie usually tells about human life in interacting with the environment and each other. Movie is

chosen as an object of the study because it has the whole package as a literary work, not only displays images but also uses audio or sound that the audience can understand easily the contents of the movie's story.

The object of the study is *Maleficent* movie because it contains psychological problems, psychological problems is a condition that affects thinking, feeling, mood, and behavior, one of them is anxiety. Characters in *Maleficent* movie shows anxiety, panic, and fear in life and the problems they experience. To overcome anxiety, the theory of anxiety and self-defense mechanism by Sigmund Freud was chosen to explain the problem in the *Maleficent* movie characters. This study analysis 2 characters, that is the main character and supporting character,

² Minderop, Albertine. *Psikologi Sastra: Karya Sastra, Metode, Teori, dan Contoh Kasus*.

(Jakarta: Yayasan Pustaka Obor Indonesia, 2010), p,13

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namely Maleficent and Stefan. The theory used in this study is the psychoanalysis theory of Sigmund Freud, the anxiety and self-defense mechanisms.

Characters are made to distinguish one entity from another such as humans, animals, spirits, robots, furniture, and other objects based on mental, emotional, and social qualities.³ The term psychoanalysis is used to show a method of researching a person's mental processes that were previously almost inaccessible for scientific research. Psychoanalysis is also used to show all the psychological knowledge gained through these research methods.⁴ Psychoanalysis is a theory related to the human subconscious, which has an important or major role in a person and feelings or

things that arise are not only derived from consciousness but are the subconscious of every human being.⁵

Anxiety is the result of the subconscious conflict, which results from the conflict between Id desire and the defense of the ego and superego. The Id desire's many possibilities threaten the individual due to conflict with social values.⁶ Anxiety has three types such as realistic anxiety, neurotic anxiety, and moral anxiety. Realistic anxiety arises from the fear of dangers that threaten from outside or from the real world. The threat itself comes from the real world or the individual's environment. Neurotic anxiety is anxiety from the foundation of childhood to conflict satisfaction of reality. In childhood, children are usually

³ Hallet. n.d. *Elements of Fiction. Fundamental literary that identify components of narratives*, p.6

⁴ Bertens, K. *Psikoanalisis Sigmund Freud*. (Jakarta: PT.Gramedia Pustaka Utama, 2016), p.3

⁵ Minderop, Albertine. *Psikologi Sastra: Karya Sastra, Metode, Teori, dan Contoh Kasus*.

(Jakarta: Yayasan Pustaka Obor Indonesia, 2010), p.13

⁶ Minderop, Albertine. *Psikologi Sastra: Karya Sastra, Metode, Teori, dan Contoh Kasus*. (Jakarta: Yayasan Pustaka Obor Indonesia, 2010), p.28

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punished for overexpressing the Id impulses. Moral anxiety stems basically from fear of an individual's conscience. This fear occurs because, in the past, each individual has violated moral norms and is then afraid of being punished again for the mistake if it is repeated.

Self-defense mechanism is a psychological strategy that is unconsciously used to protect individuals from anxiety. This self-defense mechanism protects from external threats or the impulse of thoughts that arise from internal anxiety by distorting reality in various ways.⁷ Self-defense mechanism has seven types' repression, displacement, sublimation, denial, projection, reaction formation, and rationalization. Repression is a subconscious self-defense mechanism that the ego uses to guard against disturbing or threatening thoughts. These thoughts are suppressed, giving rise to

feelings of guilt from the superego. Projection is a self-defense mechanism in which a person directs unwanted thoughts and feelings with others. Displacement is a self-defense mechanism used as a diversion against a defenseless replacement target. The target of the pursuit can be a person or object that is used as a symbolic substitute. Sublimation releases emotions or feelings of threat through constructive and socially acceptable behavior or converting unacceptable behavior into proper behavior. Denial is formed to protect the ego, and denial is often used as a situation where a person is unable to face reality and admit a truth. Rationalization is a self-defense mechanism that involves explaining feelings or behavior that cannot be accepted rationally to avoid real reasons. Reaction formation dispels threatening impulses by focusing on

⁷ Minderop, Albertine. *Psikologi Sastra: Karya Sastra, Metode, Teori, dan Contoh Kasus*.

(Jakarta: Yayasan Pustaka Obor Indonesia, 2010), p.29

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something that is the opposite of what is being felt or thought.

This study focuses on anxiety and how to cope with this anxiety by using self-defense mechanisms found in the characters in *Maleficent* movie especially in the main character and supporting characters, Maleficent and Stefan and this study applies the qualitative descriptive analysis method. Qualitative research is a type of study used to analyze the condition of natural objects, where the researcher is the key instrument.⁸ Qualitative research is research that intends to understand the phenomenon of what is understood by research subjects.⁹ Descriptive method is used to analyze a study result or describe data that already exists but is not used to make broader or general conclusions.¹⁰ Qualitative descriptive method is a

method that collects and classifies data by drawing conclusions based on the analyzed data, which then describes the object descriptively, and the results of the analysis can be found. The data collection steps involve, watching the *Maleficent* movie, taking notes minutes duration, identifying and checking data, and classifying the data based on the theory anxiety and self-defense mechanism by Sigmund Freud. Data analysis requires the analyzing and making discussion that relate to the findings.

This study will analyze the following issues by major characters in *Maleficent* movie such as; (1) what are the types of anxiety encountered by Maleficent and Stefan in *Maleficent* movie. (2) how are Maleficent's and Stefan's

⁸ Sugiyono. *Metodologi Penelitian Kuantitatif, Kualitatif, dan R&D*. (Bandung: Alfabeta, 2013), p.8

⁹ Moelong, L.J. *Metodologi Penelitian Kualitatif*. (Bandung: Remaja Rosda Karya, 2010), p.6

¹⁰ Sugiyono. *Metodologi Penelitian Kuantitatif, Kualitatif dan R&D*. (Bandung: Alfabeta, 2013), p.209

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anxiety represented in their Self-Defense Mechanism.

B. FINDING AND DISCUSSION

This study to be analyzes the anxiety and self-defense mechanism in *Maleficent* movie especially in the Maleficent and Stefan as a main character and supporting character, to explain the types of self-defense mechanism used by characters to cope the anxiety that occurs.

1. Characters' Anxiety

The anxiety experienced by the two characters in the *Maleficent* movie there are nine data that will be used, in which Maleficent experiences one types of anxiety and Stefan experiences two types of anxiety. The first to be analyzed is the main character that is Maleficent and the second character to be analyzed is Stefan as a supporting character.

a. Maleficent's Anxiety

1. Realistic Anxiety

Realistic anxiety arises out of fear of the dangers that come from the real world

and realistic anxiety also comes from feeling anxious about an impending threat. Maleficent gets the realistic anxiety because King Stefan's soldiers are going to hunt her down.

Datum 1



Picture 2. Dialogue scenes performance at: 00:22:14 – 00:23:20

Hunter: I've got you! You wick bird!

Maleficent: Into a man.

Hunter: It's a... It's a demon!

Diaval: What have you done to my beautiful self?

Maleficent: Would you rather I let them beat you to death?

Diaval : I'm not certain.

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Maleficent : Stop complaining. I saved your life.

Diaval : Forgive me.

Maleficent : What do I call you?

Diaval: Diaval. And in return for saving my life, I am your servant.

Whatever you need.

*Maleficent: **Wings. I need you to be my wings.***

Based on dialogue Maleficent, she said **“Into a man”**, she addressed these words to a crow and in an instant the crow turned into a human and also on this dialogue, **“Wings. I need you to be my wings.”** The reason Maleficent turned the crow into a human was because she wanted the crow to become her wings, meaning that Maleficent wanted the bird to find out any information about King Stefan and his kingdom. Another reason Maleficent changed the crow is that Maleficent because her felt anxious and afraid of the danger of losing her wings and also because she Maleficent not

familiar to loses her wings yet, so she is not used to walking only with her legs so she loses her balance.

Datum 10



Picture 15. Dialogue scenes performance at: 00:57:33 – 00:57:49

Maleficent: Aurora? Come here. Sit. There's something I need to tell you.

Aurora: What is it?

*Maleficent: **There is an evil in this world, and I cannot keep you from it.***

Aurora: I'm almost 16, Godmother. I can take care of myself.

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Maleficent: I understand. But that's not what I have to tell you.

In this conversation, Maleficent worried about Aurora's safety especially about the curse that she made. This dialogue, *"There is an evil in this world, and I cannot keep you from it"*, Maleficent told Aurora that there are many kinds of evil in the world and she cannot keep the Aurora and it makes Maleficent was anxious and afraid because the evil that she cannot prevent from happening to the Aurora is a curse that she made herself because the curse that Maleficent gave to Aurora is a curse that cannot be prevented by any force and she said Aurora that wake up from her sleep if kissed by true love even though it's just nonsense which means there is no kiss of true love. And this dialogue, *"I understand. But that's not what I have to tell you"*, Maleficent could not tell what really happened to Aurora because she was afraid that Aurora would

hate her for cursing Aurora but she tried to explain with Aurora but Aurora did not understand and did not know what Maleficent's words actually meant. This anxiety arose because he trusted someone who she considered her first love, Stefan.

b. Stefan's Anxiety

1. Realistic Anxiety

Realistic anxiety is anxiety that comes from fear of danger in the real world. The realistic anxiety experienced by Stefan is anxiety that arises from the fear that danger is going to come to him and his daughter.

Datum 12



Picture 17. Dialogue scenes performance at: 00:31:18

Maleficent: Listen well, all of you. The princess shall indeed grow in

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*grace and beauty, beloved by all
who meet her.*

King's Wife : That's a lovely gift.

*King Stefan: **Don't do this.***

In this dialogue, Maleficent came to the baptism of King Stefan's daughter even though at the event King Stefan never invited Maleficent. Because Maleficent hated King Stefan for a long time and King Stefan did not invite her, Maleficent was very angry that at the baptism Maleficent gave a baptism gift to King Stefan's daughter a very evil curse that could not be removed, "**Don't do this**" King Stefan also told Maleficent not to give the gift of baptism to his daughter because King Stefan afraid that there is danger to this daughter. The realistic anxiety that occurs and is experienced by Stefan is that when he feels pressured and worried about the pressure and attacks from Maleficent, Maleficent's pressure appears also due to Stefan's own fault. Stefan's anxiety began because Maleficent gave revenge for what

Stefan had done to Maleficent in the past. Maleficent gives revenge in the form of a curse to Stefan's daughter and no one can get rid of that curse, from that Stefan's life began to be restless and messy, where Stefan had to think about the safety of his daughter and also his kingdom.

2. Neurotic Anxiety

Neurotic anxiety is a feeling followed by a fear of punishment and this fear develops into neurotic anxiety without realizing it. Neurotic anxiety also arises from feelings of guilt.

Datum 19



Picture 28. Dialogue scenes
performance at: 00:04:03 –
00:04:20

*Maleficent: I'm not afraid. Besides, I
have never seen a human up close.
Come out!*

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Stefan : No. They mean to kill me. And besides, they're hideous to look at.

*Maleficent : That's extremely rude. Don't listen to him, Balthazar. You're classically handsome. **It's not right to steal, but we don't kill people for it. Come out. Come out this instant!** Are you fully grown?*

In this dialogue, “**No. They mean to kill me.**” Stefan said he does not want to come out of hiding because he is afraid of being punished or even killed by the Moors’ guards. This feeling of anxiety, fear, and guilt arises because he was guilty of stealing jewels from the Moors jewels pool. Seen in the Maleficent dialogue that Stefan stole the jewels, “**It's not right to steal, but we don't kill people for it. Come out. Come out this instant**” In the dialogue, Maleficent also told that they do not kill anyone as long as Stefan wants to

come out of hiding and return back what he had stolen.

2. Characters’ Self-Defense Mechanism

Self-defense mechanism is a mechanism used by the characters in Maleficent to reduce and cover their anxiety. To cover and reduce anxiety, there are several self-defense mechanisms that are used. The self-defense mechanism is a form or effort used by characters so that the anxiety they experience can be reduced or even resolved.

1. Maleficent’s Self-Defense Mechanism

a. Displacement

Displacement is a self-defense mechanism used as a diversion against a defenseless replacement target. Meanwhile, displacement is a defense mechanism used by a person to vent emotions but the emotional outburst is diverted to another innocent object. This kind of self-defense mechanism is one mechanism used by Maleficent to reduce anxiety.

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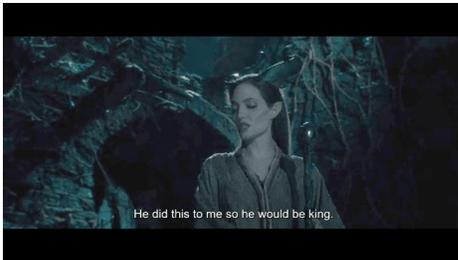


*and releasing its power
which in in the form of light)*

Based on the Maleficent dialogue above, she felt disappointed and angry at what King Stefan had done to her. She felt much betrayed by the treatment of King Stefan and made her very angry. However, she could not at that time to be angry directly at the King Stefan so she vented her anger by shouting and expelling her strength into the sky. The diversion of emotions by Maleficent to another object is a form of displacement, in which Maleficent takes her anger out on a helpless object. In other words, Maleficent takes her anger out on objects that not cause danger and this object is the sky.

The displacement used by Maleficent is used to vent the emotions that exist in her. The emotional outlet is aimed at a different person or object. In other words, she is angry with someone but in order to vent her anger she is taking

Datum 2



Picture 3



Picture 4

Dialogue scenes performance at:

00:24:06 – 00:24:29

*Maleficent : He did this to
me so he would be king.
(While shouting to the sky*

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it out on other innocent people. The self-defense mechanism by Maleficent is a form of defense or an act to reduce the anxiety and fear that he feels given by King Stefan.

The self-defense mechanism is displacement, where Maleficent expresses anxiety, fear, and anger over King Stefan's actions to objects or other people who are powerless or something that can't fight. First, the self-defense mechanism she threw to the sky using her strength, because King Stefan betrayed Maleficent and Maleficent felt disappointed, angry, and also worried because King Stefan had become King and Maleficent was worried because she lost the person she loved, namely King Stefan and also King Stefan married another person, the daughter of King Henry. Second, Maleficent expresses her emotions to the Moors Kingdom where she closes and builds a wall by sharp wood throughout the Moors border so

that the Moors cannot be entered by other people, even King Stefan's soldiers. The self-defense mechanism that Maleficent does is, when she keeps the Moors confined and can no longer be touched by outsiders or any human.

b. Sublimation

Sublimation is almost same as displacement but the diversion of these emotions is carried out into an activity that has high social value. In other words, sublimation changes what is unacceptable into something that is acceptable.

Datum 7



Picture 10. Dialogue scenes performance at: 00:35:57

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Maleficent: It's so ugly, you could almost feel sorry for it. I hate you. Beasty.

On this dialogue, “*I hate you. Beasty.*” Maleficent said he hated the daughter of King Stefan. She hated the Princess because she was angry with the King Stefan who had betrayed her. This hatred made Maleficent give a curse to the princess. The curse Maleficent give is when princess was baptism. The form of sublimation that Maleficent used happened because she saw what the fairies had done who could not take care of the princess properly and the fairies can give a food to the princess.

Datum 9



Picture 13



Picture 14

Dialogue scenes performance at:
00:36:38 – 00:37:12

Maleficent: It's going to starve with those three looking after it.

With this incident, the Princess who was starving because she was not fed by the fairies, Maleficent feels uncomfortable about the sound of the daughter's cry and Maleficent is disturbed because Maleficent is in the environment where the daughter is exiled and Maleficent felt poor for The Princess. Then in the scene while the fairies were sleeping, Maleficent told the Diaval to give milk from flowers to the Princess and also asked the Diaval to put the Princess to sleep. After what Diaval

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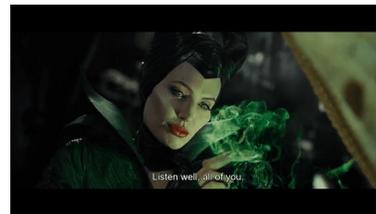
did, the princess stopped crying and was no longer hungry and the princess could sleep soundly.

Based on the explanation above, sublimation used by Maleficent is when she hates the daughter of King Stefan so much that she gives her a curse. Then as time went on Maleficent began to care for the Princess. The sublimation occurs because of an unacceptable, that is Maleficent hatred and then what she is diverted with something that has high social value, that is by paying attention and caring for the Princess. This self-defense mechanism Maleficent did because she was always in the exile environment of the princess, which at first Maleficent hated and did not want the princess and gave a baptism gift in the form of a curse, and then Maleficent instead took care of, nurtured, and fed the princess.

c. Reaction Formation

Reaction formation is a self-defense mechanism that prevents harmful or overexpressed desires from opposing behaviors and being used as an obstacle to action.

Datum 3



Picture 5



Picture 6

Dialogue scenes performance at:
00:30:57 – 00:33:00

Maleficent : Listen well, all of you. The princess shall indeed grow in grace and beauty, beloved by all who meet her.

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King's Wife: That's a lovely gift.

King Stefan: Don't do this.

*Maleficent: **But before the sun sets on her 16th birthday, she will prick her finger on the spindle of a spinning wheel and fall into a sleep like death, a sleep from which she will never awaken.***

King Stefan : Maleficent, please don't do this, I'm begging you.

Maleficent : I like you begging.

Do it again.

King Stefan : I beg you.

*Maleficent : **All right. The princess can be woken from her death sleep, but only by true love's kiss. This curse will last till the end of time! No power on Earth can change it.***

Based on the conversation above, Maleficent gave baptism gifts to the daughter of King Stefan. The baptism given by Maleficent has crossed the line or gone too far, that is giving a baptism along with

a curse. This happened because she really hated King Stefan and also hated the Princess so she gave excessive baptism gifts which at the beginning of the baptism, Maleficent still gave a very good baptism and was accepted then at the end of the baptism gift, Maleficent gave something unacceptable and it is something superfluous that is a curse to the Princess.

The reaction formation that Maleficent did was because she really hated King Stefan and his daughter so she gave something too much. The self-defense mechanism Maleficent use to covering her anxiety did because she used to feel disappointed and angry with King Stefan because King Stefan had betrayed her and Maleficent was also worried because King Stefan had married another woman and at the baptism of King Stefan's daughter Maleficent was not invited so Maleficent vented her emotions and worries the princess by giving a baptism gift in the form of a very scary curse.

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2. Stefan's Self-Defense Mechanism

a. Displacement

Displacement is a defense mechanism to vent emotions that are restrained but aimed at other objects or people who are powerless or unable to fight back. The displacement made by King Stefan was when he could not beat Maleficent but he blamed someone else or other objects for his defeat.

Datum 14



Picture 19



Picture 20

Dialogue scenes performance at:

00:39:35 – 00:39:55

King Stefan: You failed me.

Soldiers: The wall cannot be burned. It is indestructible.

*King Stefan: (While slapping the soldier's face) **nothing is indestructible! Not the wall! Not Maleficent! Not even her curse! Bring me the iron workers.***

Based on King Stefan's dialogue above, he was angry because the soldiers sent to destroy Maleficent were defeated. In the scene along with the King Stefan said "**nothing is indestructible! Not the wall! Not Maleficent! Not even her curse!**" in the dialogue, the King Stefan was very angry with his soldiers for not being able to destroy the wooden wall made by Maleficent and to vent his emotions, King Stefan slapped the soldier's face with an unbearable emotion.

The self-defense mechanism that King Stefan did was when he felt anxious and afraid of the curse that would come on his daughter, so he ordered the

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soldiers to kill Maleficent but the soldiers couldn't destroy the fortress made by Maleficent, the self-defense mechanism used by King Stefan by slapped the face one of the soldiers. One of the displacements made by King Stefan was when he was upset and angry about what happened, he took his frustration out on an iron teapot that was on the table and slapped the teapot. The form of displacement carried out by King Stefan is a form of diversion emotional outburst to other innocent objects.

The self-defense mechanism that King Stefan did was when he felt anxious and afraid that the curse Maleficent gave to his daughter would come and he was nervous and even worried and thought of various ways so that the curse and Maleficent could be destroyed, because of that anxiety and fear, King Stefan vented his feelings. worried, scared, and angry at the soldiers and workers by hitting them

and they could not fight back because King Stefan was their king.

b. Projection

Projection is a self-defense mechanism in the form of a person's behavior that protects from the awareness of bad character which then blames that character to others. In other words, projection is a behavior that blames others for one's own mistakes.

Datum 21



Picture 30



Picture 31

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Dialogue scenes performance at:

00:15:59 – 00:18:07

King Stefan: Maleficent. Maleficent!

Maleficent: So, how is life with the humans?

*King Stefan : **Maleficent, I've come to warn you. They mean to kill you. King Henry will stop at nothing. Please, you have to trust me.***

Prologue: They spoke of many things, and the years faded away. And she forgave Stefan his folly and his ambition, and all was as it had been long ago.

*King Stefan: **You thirsty? Maleficent?***

On this dialogue King Stefan said, ***“Maleficent, I've come to warn you. They mean to kill you. King Henry will stop at nothing. Please, you have to trust me.”***

King Stefan explained that King Henry would kill Maleficent and asked Maleficent

to believe him, even though behind the behavior of King Stefan there was something Maleficent did not know. That was actually King Stefan who wanted to kill Maleficent, his intention if he killed Maleficent was that he could become King. This dialogue, ***“You thirsty? Maleficent?”*** King Stefan offered Maleficent to drink, in that drink King Stefan had filled sleeping pills so that Maleficent could fall asleep and King Stefan could kill Maleficent. In the scene after Maleficent fell asleep, King Stefan tried to kill Maleficent by stabbing a knife into Maleficent's body but King Stefan could not do it. Then King Stefan thought and he just cut Maleficent's wings and let the Maleficent stay alive.

The King Stefan behavior is a projection where he cornered others for his mistakes and took advantage of what he had done, the advantage is that he can become a King and King Stefan did not want it to be his fault so he blamed King Henry for his mistakes.

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The self-defense mechanism used by King Stefan is where he blames his actions on others, he does this self-defense mechanism because he is afraid that Maleficent knows and hates him and even takes revenge, so he blames King Henry for his actions. This self-defense mechanism arises because King Stefan has a previous anxiety that causes him to blame others so that he is not punished or retaliated by his opponent.

C. CONCLUSION

This study focuses on anxiety and self-defense mechanisms that exist in the characters of Maleficent and Stefan in the *Maleficent* movie, which are then analyzed using the psychoanalytic theory of Sigmund Freud. Anxiety and self-defense mechanisms have various types of each. In anxiety there are three types and in self-defense mechanisms there are seven types.

From the analysis and formulation of the problems, the first analysis is the type of anxiety and the first character is analysis the Maleficent. In Maleficent character one type of anxiety is found, that is realistic anxiety. The second character is King Stefan, found two types of anxiety, that are realistic anxiety and neurotic anxiety. The second analysis is about self-defense mechanism that character to cope their anxiety. In the first character is Maleficent. Maleficent uses three types of self-defense mechanisms that are displacement, sublimation, and reaction formation. The defense mechanism for the second character is Stefan, Stefan uses two types of self-defense mechanisms that are displacement and projection.

In the process of analyzing, based on the theory and research method used in this study, the results of this study found anxiety and self-defense mechanisms experienced by the two characters, which

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is to answer the hypothesis that has been described in the background of study and the results found that these two characters have anxiety and self-defense mechanisms. The first character Maleficent gets one type of anxiety and uses five types of self-defense mechanisms and the second character King Stefan has two type of anxiety and uses two self-defense mechanisms.

The anxiety that occurs to Maleficent is realistic anxiety because the anxiety arises by threats and dangers that come from outside, that are threats and pressure from Stefan. Meanwhile Stefan has realistic anxiety and neurotic anxiety, realistic anxiety that Stefan occurs due to attacks and dangers from outside that is pressure and attacks by Maleficent and neurotic anxiety that Stefan experience when Stefan stole the jewels in the Moors and Stefan was afraid of being punished for his actions. Maleficent and Stefan did not use any kind of self-defense

mechanism. Maleficent uses three types and Stefan uses two types of self-defense mechanisms, because based on the theory used only the self-defense mechanisms were identified, while the other self-defense mechanisms could not be identified because they were not in accordance with the theory used and other self-defense mechanisms were not found on both characters. The anxiety experienced by the characters makes the characters feel afraid, anxious, and feel threatened by what is being faced. Then with the anxiety, the characters use self-defense mechanisms to cover or overcome the anxiety experienced.

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Address : Jl. Petaling Raya KM 13 Kec. Mendo Barat, Kab. Bangka (33173), Indonesia

Email : jurnalmediova@gmail.com